

Selection of a National ULTRA-TRAIL Team - Mauritius



Pre-requisites for selection

1. **Ultra-trail race participation:** at least 2 finishes in ultra-trail* races between February 2018 & February 2019
2. An **ITRA Performance score** at 1 February 2019 of International (Elite AAA, AA, A), National (Expert BBB, BB, B) or Advanced (CCC only) level (Men > 600, Women >500) in General, XS 25-44 or S 45-77 categories
3. Be a **member or licence holder** for 2019 of all three institutions, viz: *Rando-Trail & Nature*, and (b) an *Athletics club* in Rodrigues or Mauritius, recognised & registered with the MAA, and (c) the *Mauritius Athletics Association*.
4. Be **major and hold Mauritian nationality**.

Calculation of Final Score

5. **ITRA Performance score**** (Highest score of General, XS, S rankings – see www.itra.run)
6. **Best Local Score***** in any 2 ultra-trails in 2018, exclusively the Royal Raid 80, Dodo 50, UTRB 47, Heritage 55, Ferney 50 and Rodrigues Trail 50
7. **Conformity** with Rules (Clause 8 below).

Add the two Best scores*** and then triple the figure and add it to the ITRA Performance Score** to get the FINAL SCORE.

Rules

8. All athletes shall
 - a. Have a **Mauritian** passport, valid at least to December 2019
 - b. Be declared **fit** to participate in the championship by a RTN sanctioned medical practitioner
 - c. Accept to adhere to the IRTA Quartz **anti-doping** scheme
 - d. Respect all **IAU Rules** and exigencies of the TWC organisers
 - e. Adhere to the **RTN Code of Conduct** & sign the **RTN Indemnity**
 - f. Be covered by a medical and travel **insurance** acceptable to the organisers
 - g. Possess and use their **own complete running gear**, except for a singlet to be provided.

Procedure for Selection

- The selection will be according to the “Final Score” of athletes.

All athletes who satisfy the pre-requisites, should calculate their FINAL SCORE and send this to The Secretary, Rando-Trail & Nature via “MORE - CONTACT” on www.randotrail.mu by 22 February 2019. The Secretary is available for clarification, via the above link, or as per contact details below.

Final selection of the Mauritian delegation will take into consideration the health, training and performance of the athletes in the period preceding the Championship. The maximum team size will be 4 men and 4 women who must all satisfy the pre-requisites. The number of athletes and the structure of the delegation will be decided by RTN and depend *inter alia* on the financial resources available for participation.

Timeline

- Communication of the event to Mauritian athletes will be made by 8 February 2019.
- RTN will be open to communication with athletes and athletics clubs for two weeks thereafter.
- The pre-selection will be made by 25 February 2019. Athletes will be advised.
- The final selection will be confirmed by 1 April 2019.

Notes & Definitions

***Ultra-trail** : ITRA-accredited trail or RTN or RodTrail league trail or other trail race acceptable to RTN, of more than 42km distance with significant cumulative ascent or descent (usually more than 2000m cumulative ascent)

** **ITRA performance score** on 1 February 2019 (Runners' Performance Index & Categories in www.itra.run)

*** **Score** is as per rules of RTN National Trail League rules (see League Rules on www.randotrail.mu)