



Press Release, 17th october 2016

Berg Outdoor TransPeneda-Gerês 2016 Trail World Championships Portugal

The 2016 Trail World Championships will be host the 29th of October in the natural parc of Peneda-Gerês.

The IAAF (International Association of Athletics Federations), having recognized in summer 2015 the Trail as a new discipline, will recognize as the only Trail World Championship the event of Trans Peneda-Gerês, Portugal. For this 2016 edition, Will be award for 2 years the title of Trail World Champion on longue distance for men, women and team.

This is an IAU competition in conjunction with ITRA and co-organized by the local organization (Carlos Sa Nature Events) and the Portuguese athletics federation.

Route information

Track certified for the following measures :

- Distance = 85 km
- Positive elevation = 4680 m
- Negative elevation = 4800 m

Track characteristics :

- Endurance difficulty = 3 old points, 4 new ITRA points
- Mountain level = 7
- Criteria Finisher = 490 (corresponding to a limit time of 16h)

Qualifying race

Conditions of participation

The 2016 Trail World Championships in Gerês are open only to runners selected by their national federation or association member of the IAU (International Association of Ultrarunners). **Each country has its own selection process. Here are few of them :**

Can	Canada	<u>here</u>
FRA	France	<u>here</u>

ITA	Italia	here
UK and NI	United Kingdom and Northern Ireland	here
USA	United State of America	here

Note: Feel free to share with us the selection process of remaining countries at:
contact@itra.run

For any information, please contact your national federation or association member of the IAU: [here](#)

If your country is not listed and you want to know how to join, please contact the IAU: [here](#)

List of delegations (40)

Algeria - Argentina - Australia - Austria - Belgium - Brazil - Cameroun - Canada - Colombia - Croatia - Czech Republic - Democratic Republic of the Congo - Denmark - Finland - France - Germany - Greece - Iceland - Ireland - Israel - Italy - Japan - South Korea - Letvia - Lituania - Luxembourg - Nepal - Netherland - New-Zealand - Norway - Portugal - Sierra Leone - Spain - Sweden - Switzerland - Ukraine - United Kindom - United States - Uruguay - Venezuela

List of participants

http://www.i-tra.org/page/343/Berg_Outdoor_TransPeneda-Geres_2016_Trail_World_Championships.html

General information

Contact : info@carlossanatureevents.com

Website : <http://carlossanatureevents.com/>

Facebook : <https://www.facebook.com/carlossanatureevents>

Youtube : <https://www.youtube.com/channel/UCgzwhbnSXGjzEEkh13RVhPw>

Contact press agency

MEDIANA - Sara Sena

Téléphone : +351 911 507 717

Email : sarasena@mediana.pt

More informations: www.itra.run

CONTACTS

ITRA :

Téléphone : +41 (0) 2 15 19 02 08 - Email : contact@itra.run

RELATIONS PRESSE ITRA

INFOCÎMES : Anne Gery

Tel : +33 (0)4 50 47 24 61 - Mobile : +33 (0)6 12 03 68 95

Email : annegery@infocimes.com