

Press release – March 2019

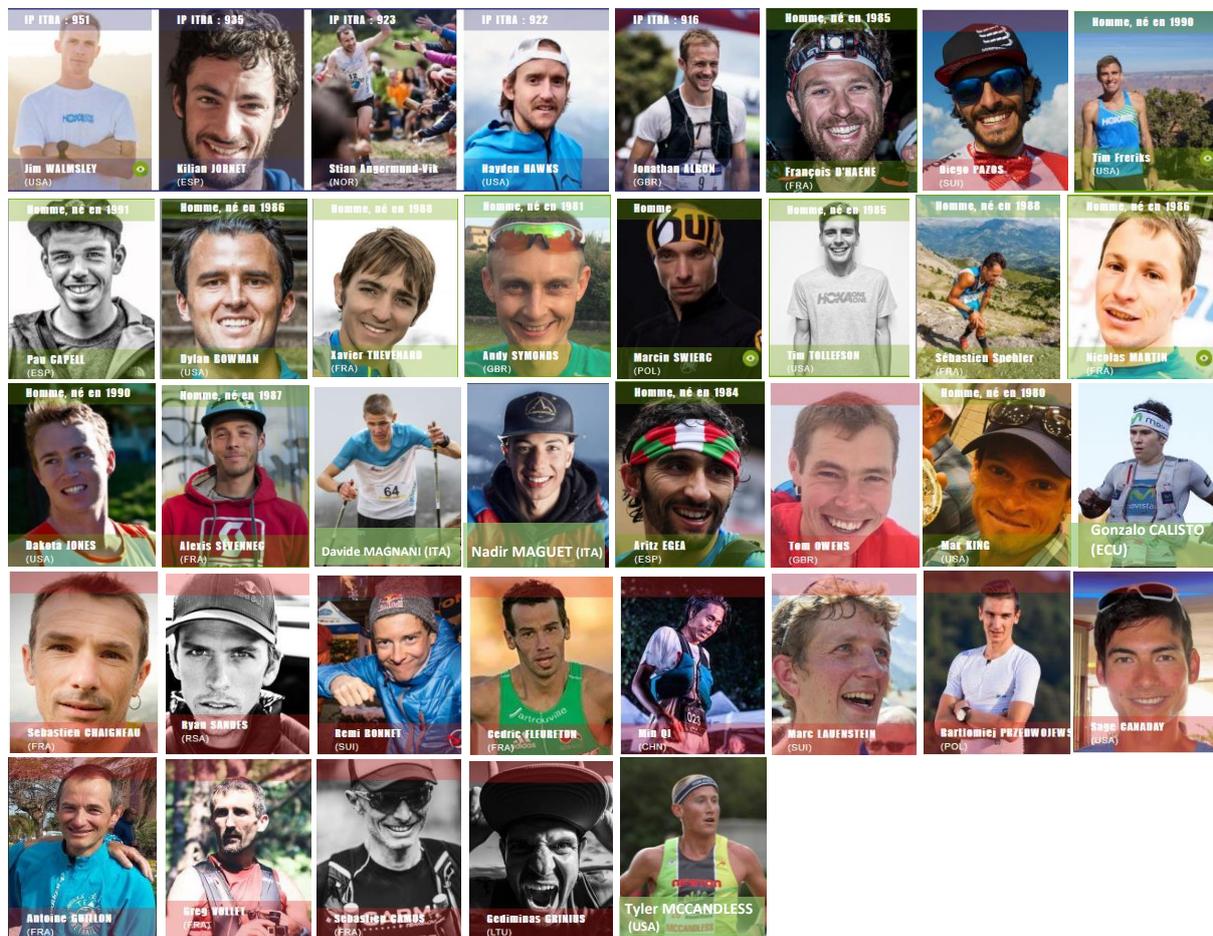
ITRA reveals the 71 athletes engaged in the QUARTZ Elite Program

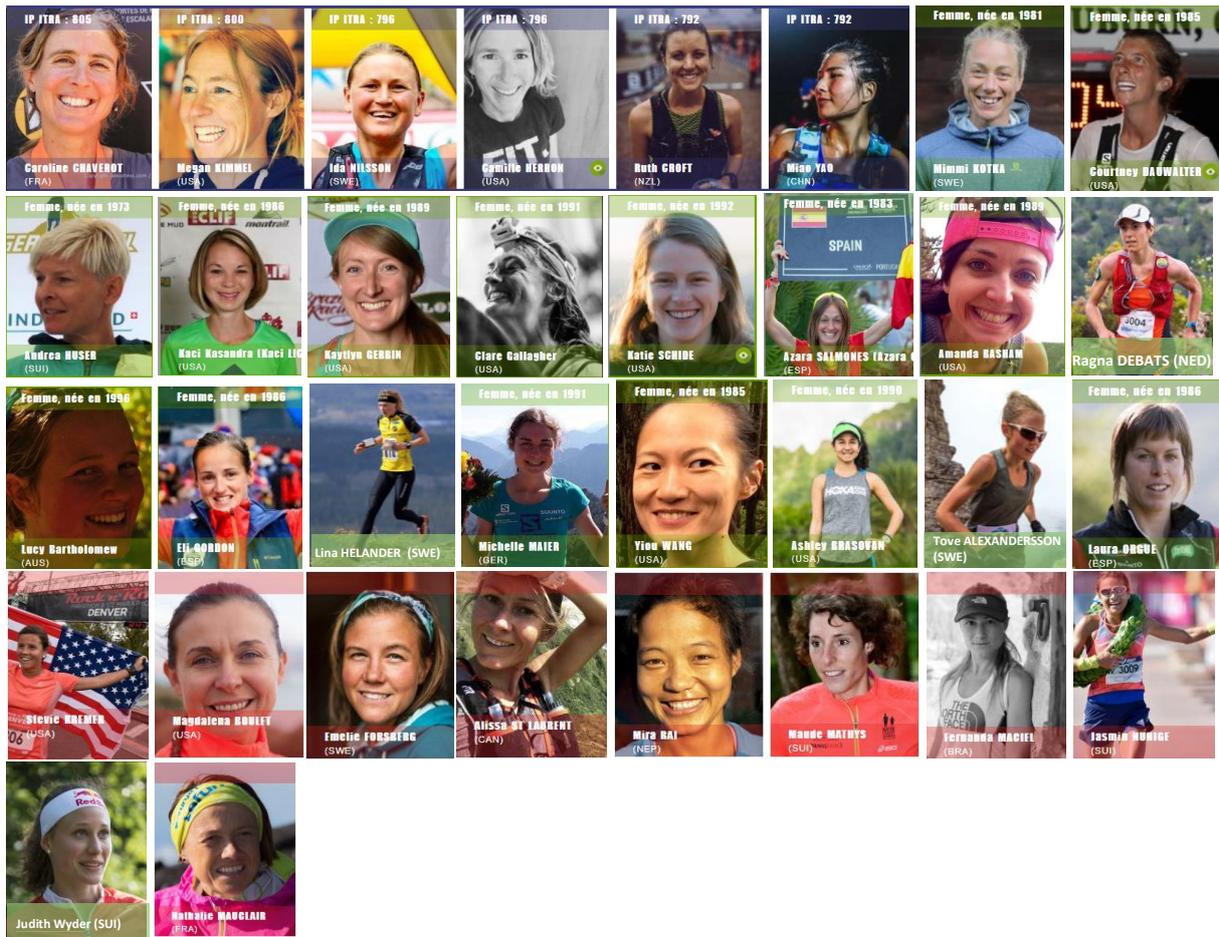
IN 2019, THE QUARTZ ELITE MONITORING PROGRAM IS EXTENDED TO A GROWING NUMBER OF ATHLETES

For the first time in the history of sport, a discipline gives its elite athletes the chance to contribute actively to a doping-free sport by signing up for a unique health monitoring program. This year 71 athletes will take part of the Elite QUARTZ Program.

Based on the ITRA Performance Index, the QUARTZ Elite program is offered free of charge to the top 10 athletes in the men's and women's rankings, respectively, and to the top 3 in each trail category, as well as to athletes returning from a suspension after having tested positive at a trail running event. If the athlete is ranked in more than one category, the selection passes to the next athlete.

Here the list of the 71 athletes who have responded to the invitation:





About QUARTZ Program :

The ITRA QUARTZ Program is run by the association [Athletes For Transparency](#) and the [Ultra Sports Science](#) foundation is responsible for the financial transparency of the Program. This unique program is divided into 3 sub–programs: QUARTZ Elite, QUARTZ Event and QUARTZ Regular and allows everyone to contribute to a sport without doping whilst safeguarding the health of the runners. In 2019, QUARTZ Program is maintaining its worldwide growth.

Consult the list of the athletes [QUARTZ ELITE](#).

About ITRA

Created in July 2013, the ITRA (International Trail Running Association) aims to give a voice to the world of trail running in order to promote a strong ethical code, diversity, race safety and the health of the runners, to contribute to the development of trail running, and to foster discussion with national or international institutions having an interest in the sport.

PRESS ENQUIRIES :

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