



**MAUCLAIR**  
**Nathalie**  
**47 years old**  
**Health Executive**  
**Married and**  
**Mom of 2 children**

I am applying to take part in the ITRA Steering Committee elections. Indeed, I wish to represent all the trail-runners who practice this beautiful discipline throughout the world.

I like to practice on the plains where I live and love to climb the mountains. Thanks to my experience on short, medium, long and very long distances, each runner will be able to identify himself in my candidature. My partners give me all the autonomy I need, which means that I have racing experiences in all federations and formats. I am also an athlete of the French team of trail for 6 years. This commitment within ITRA will be complementary.

In the last 2 years I participated in the construction of this association that works to the structuration and recognition of our sport, the trail Running. I am enthusiastic to continue this commitment and to promote my discipline.

I already got that the number of representatives of the runners is more important in the general assembly and the steering committee and worked for a better knowledge of the ITRA.

Because of my atypical career as a woman, mother, having a professional activity outside sport, I bring a concrete light on the discipline and the constraints of the runners. I will continue to work to increase the number of runners all over the world, and more broadly to get a better acknowledgment of women's sport. The first two years have mainly been devoted to the more "administrative" tasks ; during the next mandate, I want to set up working groups to work on a single medical certificate with an extended duration, to think about a standardized list of mandatory equipment, while ensuring the safety of the runners and taking care not to make the organizers's job more difficult, and to collaborate in organizing the Trail World Championships for a greater visibility and to make them a great feast of the trail-running. My new professional organization will give me more free time that I will devote to the ITRA.

In summary, my main commitments within ITRA will be:

- Represent the runners of the mass;
- Federate elite runners;
- Increase awareness of ITRA's missions to the general public;
- To represent all forms of trails: short, long, plains, mountains;
- Collaborate (as a nurse) in research work for the prevention and protection of runners' health.

Nathalie

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