

Sergio Garasa Mayayo (@moxigeno)

**Trail runner. Journalist. Mountaneer.
Corremontes. Periodista. Montañero.**



Quien soy? Nací el 1 Julio 1968 en una familia de Navarra.

- Vivo en Cercedilla, pueblo Parque Nacional Guadarrama
- Llevo +30 años por las montañas, del Aconcagua al Naranjo, escalando, andando, esquiando, kayak, barrancos..de todo.
- Apasionado del trail, con +25 ultras terminadas, de UTMB a Leadville pasando por Canarias, Pirineos, Guadarrama o Sahara.
- Editor CARRERASDEMONTANA.COM desde 2007.
- Fundador Spain Ultra Cup y colaborador de muchas carreras.

Por qué candidato a ITRA? Me siento afortunado por 10 años vividos con el trail, como corredor, periodista y organizador trotando por tres continentes. Me gustaría ser parte del desarrollo de la tribu corremontes por todo el mundo, siempre pendiente de no perder esa “alma salvaje” que nos hace diferentes.

Who am I? I was born 1 July 1968, in a family from Navarra (Spain)

- Living at Cercedilla mountain village, in Guadarrama National Park
- Have enjoyed+30 years of mountaineering, from Aconcagua to El Naranjo, climbing, trekking, skiing , kayaking, canyoning...loved them all.
- Passionate trail runner, having finished + 25 ultra trails, from UTMB to Leadville 100 or the 100k Sahara.
- Editor CARRERASDEMONTANA.COM since 2007.
- Founder Spain Ultra Cup & collaborator with many race organizers.

Why candidate for ITRA? Having been most fortunate in getting to know the sport for 10 years as runner, journalist & organizer over three continents. Now I would love to be a part in further developing the trail running tribe all over the world, while ensuring that the “wild soul” that makes us unique stays with us unchanged.