

Simona Morbelli lives in Italy in Courmayeur at the foot of the Mont Blanc since few years.

Simona is a mountaineer and rock climber, has climbed almost all the 4000 peaks in Italy, France and Switzerland. A few repetitions of the most famous and important rock walls where the modern alpinism born in late 1800.

Before becoming a sport professional, she worked in finance, was Head of Communications and Public Relations in an Investment Bank and lived between Italy, United States and Europe.

PhD in Economics and Business, Master in Marketing Communication and Public Relations. Financial promoter.

Languages: French and English

When she decided to become a mum (two girls 10 and 11 years old), Simona committed all her time to the mountain activities.

Hence the decision to move for several months a year in Courmayeur, on the Italian side of Mont Blanc, to engage the mountaineering and climbing activities all across the western European Alps where the modern alpinism born in the late 1800.

The discovery of the nature, thanks to the run, has been a complement to all what Simona was already practicing in the mountains.

In few years' time, talent and passion brought her to become an internationally recognized athlete in the world of the Trail Running.

Athlete of Team Salomon and member of the Italian national team she's an Ultra trail's specialist.

In 2012 she won the Salomon Trail Tour Italy, always finishing on the podium in all the 4 races part of the championship.

In 2013 got 9 podiums in 9 races, including 4 international competitions. Among these the victory of the Eiger Ultra Trail 50K, third place at the Chamonix Mont Blanc circuit Sky running World Cup 80K, the second position at the Swiss Paccots Trail and the podium at the CCC (Courmayeur Champex Chamonix) 100K part of the UTWT circuit.

In 2014 she won the world's most important Urban Trail, the Eco Trail de Paris (80km), and won (second scratch) the Tuscany Crossing 100 K. Always in 2014 she got three first places and two second positions, including 2 international competitions, such as the Crossing St.Bernard Verbier, in Switzerland.

Simona is a versatile athlete, which could win in technical alpine runs, with considerable elevation, as well as on flat not elevated or asphalt races.

In 2015 went back on the podium of the Eco Trail de Paris, again won the Tuscany Crossing 100K setting the new run record, 4th overall, she won the Italian title on the Ultra Distances. In June, Simona wearing the shirt of the Italian National participated to the World Championships IAAF IAU in Annecy, France. The Italian women's team won the Bronze medal. Won Zugstiz 100 K, the most important and internationally recognized trail run in Germany and despite a foot injury, (fracture) that completely stopped her for three months, she participated to the California North Face Challenge winning as part of the best women's team.

The 2016 winter passed by training alone in the mountains, practicing ski-alp and free ride, she wear back the running shoes in April winning the race, 4th overall at the Ultra Trail Morin (66km), right after the second place at the Eco Trail of Oslo in Norway, second place at the Swiss Championships and two sensational victories over highly technical alpine races, the ultra-Trail Bettelmatt (83km) in Italy and the XAlpen 105 km, 4th overall, in Austria, respectively with 7000+ and 8000+ of elevation.

After 8 months spent only in the mountains on very technical tracks, she decided to participate to the Harricana Ultra Trail. Her next appointment will be with the IAAF World Championship in Portugal in October.

The winter months are always dedicated to practice freeride, ski-alp and mountaineering, only early spring it's time to wear the running shoes back.

In January 2017 she won the Orta Lake Trail, race of 39 km, in February she won the Brunello Crossing, a 44km run in Montalcino Val d'Orcia.

In March she won the most famous Italian urban trail in Florence, 44 km with 1700+ elevation

In April, for the third consecutive year, wins the Tuscany Crossing, 100K with 3500 elevation, 6th overall. She holds the race record since 2015.

In May, in Valle d'Aosta she participates to the Tor de Chateaux, 104 km 3600+, this is a lower altitude and shorter distance of the Tor des Geants, same organization. Simona not only wins the female ranking but she got the 1st position scratch. The next goal will be a run part of the Ultra Trail World Tour, the Mozart trail 100k, in Austria, invited by the organization. Next, late summer, the most famous race in America, the Leadville 100 miles. Race at very high altitudes, always in between 3500 and 4000 meters, very fast race with 3500 meters of elevation on the 100miles.

Many books have been written about this legendary and incredible competition. Simona has accepted the challenge of running her first 100 miles a so tough and fascinating race, where she will meet the world's best athletes in this discipline.

Simona holds running stage in Italy where she teaches, together with his trainer how to approach the world of trail running and how to improve running skills.